CHENNAI MINDS LEAFLET – SCHIZOPHRENIA

All You Need To Know About Schizophrenia

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WHAT IS SCHIZOPHRENIA?

Schizophrenia is a mental illness that affects the thinking, feeling and behaviour. People with schizophrenia are out of touch with reality and are unaware of their changes in behaviour also known as lack of insight. 1% of the population have schizophrenia.



CAUSES:

- Genetic factors
- Environmental factors (infections
- Winter birth (babies born in winter months)
- Cannabis smoking
- Stressful life events

WHAT ARE THE MAIN SYMPTOMS OF SCHIZOPHRENIA?

In this section I would like to describe positive symptoms, negative symptoms, disorders or thinking and behaviour and problems with memory etc.

WHAT ARE THE FIRST RANK SYMPTOMS OF SCHIZOPHRENIA?

- Hearing thoughts spoken aloud
- Third person hallucinations (discussing the person as “he” or “she “)
- Auditory hallucinations as a running commentary
- Somatic hallucinations (bodily, tactile)
- Thought withdrawal or insertion
- Thought broadcasting
- Delusional perception
- Feelings/ actions influenced by others

OTHER SYMPTOMS:

- Delusions (false beliefs)
- Alogia - Reduced speech
- Avolition- Reduced motivation
- Affective flattening – Reduced affect
- Anhedonia- No interest in things they enjoy
- Abnormal flow and content of thoughts
- Disorganized behaviour
- Memory and attention problems



TREATMENTS:

- Main treatment is antipsychotics . Other interventions include CBT, Social skills training & Rehabilitation

DISCLAIMER

All the details contained in this leaflet are for information purposes only. You need to consult a Consultant Psychiatrist well trained to treat this condition. CHENNAI MINDS takes no responsibility for the information or the consequences of the decision made on reading this information leaflet.